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DERBYSHIRE
YOUNG
CARERS

SPRING/SUMMER 2021

The Young Carers Service continues to Young Carers and is open for new referrals.

Our Support is individual to each Young Carer but could include:

- Telephone and video calls with a support worker
- One to one meet up with your support worker in school (if needed)
- Group video calls with Young Carers and a support worker
- Emails with information and guidance
- Group activities and games virtually
- Support with coping strategies
- Survival Kits and activity packs
- Video calls with your support worker while you're in school
- Outdoor home visits with a support worker in your garden or on your doorstep
- Texts/WhatsApp chats with your support worker or with a small group of Young Carers
- (indoor support visits will recommence in line with government guidance through the summer)

Examples of Recent Support:

- Easter doorstep deliveries of Easter Eggs, craft activities and ideas of things to do
- Creative writing group online during half term
- Online well-being sessions
- New virtual group for under 10s and sibling carers with activities and games
- Virtual assemblies for schools
- PSHE for schools
- Resources, posters and training for professionals
- Access to IT equipment loans
- Support accessing funding, counselling and other specific support

Activities and outings for groups of Young Carers face to face are planned to recommence in line with the lifting of government restrictions in June 2021. This will be reviewed following guidance.



Please get in touch:

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